



# resort experiences

## resort amenities

### **18 hole championship golf course**

Putting green

Club rentals, group lessons/clinics, pro shop

### **luxurious 8,000 square foot spa**

16 treatment rooms overlooking the valley

### **skiing & snowboarding**

15 alpine runs, 2 terrain parks, 2 lifts, magic carpet

Ski rentals, private and group lessons

Snowshoe hiking, rentals available

### **mountain bike trails**

### **indoor and outdoor pools, dry sauna and hot tub**

### **fitness centre and hiking trails**

### **bocce court**

### **horseshoe pit**

### **Adamo Estate Winery**

*Some amenities are weather dependent.*

[hockley.com](http://hockley.com) 1-866-HOCKLEY



## palate pleasers

### **beer tasting**

Sample a selection of six beers focusing on local, artisanal breweries and international selections of various styles. This 30-45 minute event can be held prior to or after your dinner and includes cheese and charcuterie for your enjoyment.

\$32\*\* per person

### **the perfect risotto**

Enjoy a cooking demonstration, tastings and a glass of wine while learning tips to making the perfect risotto. Gather around the food bar to watch the chef prepare one of the most challenging Italian inspired dishes, a garden risotto. Includes an informative 30-45 minute session with questions and answers with the chef.

\$48\*\* per person

### **the art of pizza making (may – october)**

Gather around the outdoor grill and learn the art of pizza making. Prepared before your eyes in 90 seconds from our wood-fired oven using fresh garden ingredients. Enjoy a cooking demonstration, tastings and glass of wine in Hockley's garden. Includes an informative 30-45 minute session with questions and answers with the chef.

\$48\*\* per person

### **garden tour (may-october)**

Enjoy a guided tour through our organic garden and orchard. During the tour we will explain gardening techniques, secrets of the trade and showcase our garden-to-table philosophies. Guests will be free to taste the bounties of the garden depending on the season and what is available. The guided tour will also include a tour of our training vineyard where you will be treated with a glass of sparkling wine as you meander through the vines exploring the several grape varietals that we are growing.

\$32\*\* per person

### **the great chili cookoff**

We provide all the fixin's for a fantastic chili – teams work together to make the perfect chili! Our culinary team will attend the final presentation and decide which chili is the big winner! (done as a meal replacement)  
\$96\*\* per person (or plus \$45\* per person in addition to the corporate package rate, maximum 40 person)

### **wines of the world**

Enjoy a structured tasting of four wines featuring wines from Spain, France, New Zealand and more. Maximum 12 guests, Tasting is done in Babbo Wine Cellar.  
\$50pp\*\*

\*Plus taxes and gratuities. \*\*Surcharge of \$150 + HST will apply for groups of less than 15. Additional charges may apply for groups over 30.



## adamo estate winery

### private tastings

Minimum 10 guests, maximum 20 guests per guide. \* Groups under 10 a \$150 fee applies. \*\*plus taxes and gratuities

Add a tour for \$20\*\* per person

#### adamo introductory flight

Includes a structured tasting of 4 Adamo Estate wines featuring two aromatic white wines, one rosé wine and one red wine.

\$25\*\*

#### adamo premium flight

Includes a structured tasting of 4 Adamo Estate Premium wines.

\$35\*\*

### private tour, tasting & culinary experience

Minimum 10 guests, maximum 20 guests per guide. \* Groups under 10 a \$150 fee applies. \*\*plus taxes and gratuities

#### chocolate experience

Includes a 30 minute guided tour of our vineyard and winemaking facilities followed by a structured tasting of 4 Adamo Estate wines paired with chocolate.

\$65\*\*

#### cheese & salumi experience

Includes a 30 minute guided tour of our vineyard and winemaking facilities followed by a structured tasting of 4 Adamo Estate wines paired with our house-made salumi and curated cheese boards.

\$65\*\*

\*\*Plus taxes and gratuities.

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## sporting fun

### **group golf event**

Improve your golfing skills with 2 x 30 minute workstations with our professional golf staff. Alternate between stations focusing on putting and chipping. \$25 per person, minimum of 8 people or a minimum fee of \$200 per group. Available during golf season, group size restrictions may apply.

### **downhill ski lessons**

Enjoy lessons from our renowned ski instructors. \$125 per hour +HST per person, additional persons (same ability, same discipline) \$39 per hour +HST \*\*Must have valid lift ticket or season pass to participate. Rentals are extra.

## get your group on

### **enjoy a communal bonfire (available October through April)**

Enjoy a cozy bonfire and warm beverages for a fun evening. Marshmallows or s'mores add to the enjoyment. Food & beverages are priced separately.

## entertain me

Ask us how to arrange a great onsite event for your group. Conducted before, during or after dinner.

Examples include:

**Yuk Yuk's Comedy Show**

**Magic Workshops**

**Casino Night**

**Line Dancing**

**Karaoke**

**"Titanium Chef"**

**Bonfire**

**Rock the Stars and so much more...**

\*Plus taxes and gratuities.

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# CORPORATE WELLNESS



*Julie Cass* is a successful entrepreneur and powerhouse in business growth and personal transformation.

She has presented to thousands of participants with over 100 organizations around the world. Julie brings a magnetic presence to every stage; blending real-world business experience, mindset mastery, and mental wellness expertise.

She is a expert guest on Global TV, CHCH, CTV and CP24 and writer for publications such as Canadian Living, Canadian Business Journal, Spa Canada and is a published two-time best-selling author.

## SAMPLE OFFERINGS

### The Emotional Intelligence Advantage *Master the Mental Game*

In a world driven by speed and constant change, emotional intelligence is the ultimate differentiator. This keynote takes audiences beyond theory and into practice - exploring the three pillars of awareness, healing, and expansion. Julie Cass guides participants to recognize emotional patterns that limit growth, release the stress responses that keep them stuck, and expand into higher levels of resilience, empathy, and influence.

**The Takeaway:** Attendees leave equipped to master their mental game - communicating with clarity, leading with calm and creating workplaces rooted in trust and emotional strength.

### MASTER Your Wellbeing, MASTER Your Life *Build Habits That Stick. Feel Better. Live Better.*

Burnout is silently eroding engagement and performance in workplaces everywhere. This keynote offers a powerful reset - equipping employees with practical tools to reduce stress, strengthen focus, and sustain energy. Through proven, science-backed strategies, Julie Cass shows how mastering wellbeing directly improves productivity, collaboration, and retention.

**The Takeaway:** A workforce that feels and performs better and a culture that supports lasting success.

### LEADERSHIFT *Empower Performance*

Traditional leadership models are breaking down under the weight of burnout, disengagement, and rapid change. *Leadershift* redefines what effective leadership looks like today - rooted in emotional intelligence, empathy, and authentic connection. Julie Cass shows leaders how to move from control to empowerment, from managing people to inspiring performance.

**The Takeaway:** More self-aware leaders, stronger trust across teams, and a culture where engagement and innovation naturally thrive.

Professional  
Keynote Speaker

2x Best-selling  
Author

Executive Coach

Wellness Expert



## JESSIE STEINBERG: SURMOUNTING ONE OF MANY SUMMITS!

As founder of Leap Adventures, for the last decade Jessie has been a trusted leader in the field of team development. Authenticity and straight-up skill-building are at the core of every workshop, conversation, and call. Tiny but mighty, we've lost count of how many times she's been called a "firecracker". She's LEAP Adventures beloved coach, leader, and mentor.

Reach Jessie at 519-938-1524, [jessie@leapadventures.ca](mailto:jessie@leapadventures.ca) or check out [www.leapadventures.ca](http://www.leapadventures.ca) to take the LEAP!

## strengthen your people, strengthen your team

*"Strengthen your people, strengthen your team," is more than a tag line for Leap Adventures. By providing events that are more than a pep talk, far more than just fun, and much longer lasting than a day out of the office, Leap Adventures will transform your work environment.*

### mini olympics

This series of sports-based team events, with "a little twist" has teams competing against each other and the clock. Designed to be light, fun and exciting, from the opening until the closing ceremonies.

### the amazing race

Teams must find a series of checkpoints and successfully complete each task that awaits them. This exhilarating race will take participants on a journey around the resort, looking for flags, deciphering clues and tackling unique team tasks.

### survivor challenge

Adventure-based team challenges that build confidence, co-operation, and teamwork. Teams are challenged to work together to accomplish tasks by using playful ingenuity, communication, and problem-solving skills.

### low ropes course

This program challenges participants to work a little outside of their comfort zone and create an atmosphere where trust, communication, and out-of-the-box thinking are always at work. Activities tackled are designed to incorporate group planning and debriefing stages and identify individual roles and strengths.

### communication combat challenge

Various hands-on activities identify the diverse roles within the group, strengths of team members and the effectiveness of their communication patterns. This action-based learning takes place indoors or outdoors and requires cooperation, trust, leadership and innovative problem solving.

### the scrambler

A two-part program which has teams scrambling, searching, gathering and implementing a game plan to efficiently and successfully travel throughout the resort. Teams will be given a set of clues that lead to specific areas in search of scrambled letters while finding and collecting certain unusual items from a collaborated list.



**LEAP**  
ADVENTURES

## **pay it forward**

This one-of-a-kind team building adventure has corporate clients paired with a charity of their choice in order to see their group effort culminate in a practical, valuable outcome that will have an immediate impact in the community. Adventure options from the team building menu are customized to result in a powerful project that pays it forward. While the steps may be simple, the result could change the world. In the past, bicycles and bunk beds have been built. A gift-giving challenge resulted in a refurbished youth room. Your imagination and collaboration with LA's Director, Jessie Steinberg, will amaze you and empower your team with an event that promotes connection, intention and purpose.

## **gregarious games night**

An exceptionally fun evening with friends and colleagues that provides great social interaction, loads of laughs and thought-provoking game play. This program is structured in a round-robin tournament style and consists of various card games, quick witted hilarity and mind-challenging games.

## **minute to win it**

Through the use of many unusual competitive events using various household items, each participant will experience the thrill of being a player and an encouraging teammate. All challenges activate the competitive spirit, out-of-the-box thinking and creative problem solving. This 1.5 hour program fosters fun, playful competition and surprises.

## **drum circle**

This hands-on drumming circle has drums and other percussion instruments being used as tools for communication empowerment, bringing people together and sharing very positive vibrations amongst all participants. This rhythm based event helps synergize your corporate community's intentions and goals by bringing participants to a place of common purpose while generating lots of energy and laughter. All instruments will be provided by LEAP Adventures.

\*special pricing applies (see fee schedule)

## **rowing your team to success (seasonal)**

Rowing is a remarkable sport which generates uniquely enriching team building opportunities. No other sport requires the same level of synchronicity and commitment to achieve a successful outcome. In just 2-3 hours, your team will experience the exhilaration of working together and the thrill of balancing on the water as a team while receiving coaching from our expert LEAP Adventures facilitator. This transformational time for your team begins at HVR and transitions to the boatyard, less than ten minutes away. \*special pricing applies (see fee schedule)

## **guided snowshoeing (seasonal)**

Let one of our experienced LEAP Adventures guides take your group on an unforgettable excursion through the rolling hills of the Niagara Escarpment. The beauty and wonder of the exquisite surroundings will unfold in the near-silence of the snow. Choose to experience this as a night walk to include discovery of the winter sky.

\*special pricing applies (see fee schedule)

## **guided hikes**

Let one of our experienced LEAP Adventures guides take you on a scenic hike through the beautiful Bruce Trail. The hike can accommodate any fitness level. A picnic lunch or snack can be arranged by the Resort at an additional cost.

\*special pricing applies (see fee schedule)

## **yoga**

Sunrise Yoga is a lovely way to start your day. This class is designed to create space within the body and awaken your senses to prepare you for your day. Each class starts with introspection using breath and then slowly moves into a simple sun salutation which opens and softens the mind, body and soul.

The class continues with seated slow static postures to open up, stretch and tone the entire body. The class finishes with various breathing exercises and light meditatio. All levels.



**LEAP  
ADVENTURES**

\* Special pricing applies (see fee schedule)

## Rube Goldberg Experience

The Rube Goldberg Experience is an exciting new indoor program. Think of this activity as building a "Mousetrap Game." A Rube Goldberg machine is a contraption, invention, device that is deliberately over-engineered to perform a simple task in a complicated fashion generally including a chain reaction. The team will use their wit, creativity, initiation and out-of-the-box thinking to create one machine.

\*special pricing applies (see fee schedule)

## safe cracker program

Safe Cracker is a mobile escape room with a countdown clock that adds to the game's excitement. While it shares similarities with other traditional escape rooms, there's a big difference: we take Safe Cracker to you - your office, your meeting, your conference - wherever you are! Our new team building activity has your participants working together by accident, as the teams need to work together to solve puzzles, brain teasers and challenges while utilizing the individual strengths of their team members to win the game. This program touches on the 4 "C's": Critical Thinking, Creativity, Communication and Collaboration. A perfect team building event.

\*special pricing applies (see fee schedule)

### LEAP Adventures Corporate Team-building:

Each program is created in consultation between the client and LA's Director

Each program runs for approximately two hours

Each program will use the facilities at HVR and will be coordinated with the banquet event order

Prizes beyond "bragging rights" will be provided by the client

Programs are facilitated by LEAP Adventures' highly trained facilitators

Additional facilitators required will cost \$170.00 each (standard programs include two)

All programs can be offered year-round, indoors or out

\*\*\*All prices are subject to HST, Specialized programs will have additional costs

0 - 30 people participating	\$1130
31 - 40 people participating	\$1210
41 - 50 people participating	\$1525
51 - 60 people participating	\$1910
61 - 70 people participating	\$2180
71 - 80 people participating	\$2450
81 - 90 people participating	\$2825
91 - 100 people participating	\$2995
101 - 110 people participating	\$3260
111 - 120 people participating	\$3535

Drum Circle	\$1270/ 20 ppl \$55 per additional person
Row Your Team	starts at \$2070/15 ppl, \$150 per additional person - 24 ppl max
Guided snowshoeing	\$410/20 ppl, 1.5 hr +\$25/person snowshoe rentals - 20 pair available
Rube Goldberg & Safe Cracker	\$1210/ 20 ppl \$50 per additional person
Guided hike	\$410 for up to 15 ppl/guide
Yoga	1hr \$35 per person \$350 + HST min. charge 1hr. private group



# summit TEAM BUILDING



## Team Building at Hockley Valley Resort

Infuse your Hockley Valley event with positive energy by integrating a unique team building option into your agenda. These one-of-a-kind experiences take full advantage of the spectacular indoor and outdoor settings at Hockley Valley Resort. Your Summit team building program will foster effective relationships, rejuvenate your team, and make your Hockley Valley experience unforgettable!

## TEAM BUILDING PROGRAMS



This highly competitive food adventure will challenge teams to create the ultimate culinary masterpiece. A great kick-off to a conference, a pre-dinner event, or anywhere you want to add some fun to your agenda. Breakfast and dessert options are also available.



Get that creative edge as your team produces a series of artistic master pieces in which each group member contributes their unique ideas, concepts and brushstrokes. This engaging art experience concludes with a stroll through the interactive Art Gallery.



Through demanding tribe challenges, this program will identify key elements that separate teams who simply survive from those who consistently thrive. Add to this an element of Corporate Social Responsibility and you have the makings of a truly meaningful team experience.

## TEAM DEVELOPMENT PROGRAMS



Do you have a newly formed team or one that is simply looking for a tune-up? In this session you will experience high performance teamwork, understand its value and know how to intentionally achieve it at work.



Developing effective leaders is a deliberate and ongoing process. This multi-stage program will inspire participants to set a compelling personal leadership vision, help them to assess their current reality and give them the tools they need for success.



Is your team struggling to keep up with the rapid pace of change? In Navigating Change we explore the link between our need for innovation and the challenge of coping with the change it inevitably causes.

## KEYNOTE



Let Scott Kress engage and inspire your people with tales of an audacious Everest climb that provides insight, tools and strategies to take your organization to the next level.

*This was the best team and leadership development program I have ever participated in. For anyone wanting to build a high performance team there is no one that will do it as effectively as Summit Team Building.*

*G. Rubinoff, Managing Partner, Summerhill Venture Partners*

For more great options don't hesitate to call:

1-800-685-5278

team@summitteambuilding.com

www.summitteambuilding.com



# REACHING NEW Heights

- Indoor  Active  Competitive  Give Back
- Outdoor  Less Active  Non-competitive

## THE IDEA

This ropes course experience will literally take your team to new heights. This exciting session will utilize the power of experiential learning to enhance communication skills, building trust among team members, and encourage personal growth.

We have designed this program for participants of almost all ability levels and various roles can be played by team members. This session is fun, engaging, memorable, and will get your team into their learning zone!

Take your team's performance to the next level with this unforgettable team building experience.

## THE DETAILS

- We'll start the program off with a few warm up team activities and discuss the importance of trust and communication on a high performing team
- All participants are provided with the best equipment and instructed by our highly trained and certified ropes course instructors
- Challenge by choice provides an opportunity for all participants to succeed regardless of physical abilities or comfort levels
- A facilitated debriefing session will connect the experience to relevant workplace learning

## THE RESULTS

- Experience both personal and team growth
- Strengthen personal relationships
- Examine trust and communication as it relates to high performance
- Expand your comfort zone and support others as they do the same
- Discover tools and tips that can help teams be more effective in the workplace

## TEAM BUILDING PROGRAMS



Summit provided real tools that we can individually and collectively utilize to move our spirit forward on the journey of work life. I am now revitalized and open to take on the many opportunities that we face each and every day.

**Heather Olszewski**

Manager of Administration

Brain Injury Community Re-Entry



 **summit**  
TEAM BUILDING

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# THE Mystery Wine CHALLENGE

- |  |  |   |                                    |
|--|--|---|------------------------------------|
| <input checked="" type="checkbox"/> Indoor | <input checked="" type="checkbox"/> Active | <input checked="" type="checkbox"/> Competitive | <input type="checkbox"/> Give Back |
| <input type="checkbox"/> Outdoor           | <input type="checkbox"/> Less Active       | <input type="checkbox"/> Non-competitive        |                                    |

## THE IDEA

Perseverance, hard work, and confidence in their potential are some of the team characteristics that have made the wineries of Canada internationally recognized in the last decade. These characteristics, along with others, will be put to the test in The Mystery Wine Challenge.

Collaboration and resourcefulness are maximized in this competitive team challenge. Teams will explore fine wines paired with the complexities of aged cheese, decadent chocolate and other unique flavours in order to successfully identify wines as part of this fun and engaging team experience.

The blinded aroma station and the ice wine relay are some of the fantastic activities that add depth to the experience, resulting in stronger relationships and elevating overall team spirit.

## THE DETAILS

- The entire group will be taken through a brief wine identification seminar, highlighting how to view, smell and taste a glass of wine in order to fully appreciate it
- The group will then be split into competitive teams and be challenged with a series of wine related activities to earn points
- Some activities will be intellectual, some physical, and some will require an out-of-the-box approach
- The final task will require the team to use the information gained from the wine seminar to properly identify the mystery wine

## THE RESULTS

- Develop wine appreciation skills and grow an understanding of the Canadian wine industry
- Create an environment that allows team members to get to know one another better
- Build relationships by allowing your team to play with a purpose

## TEAM BUILDING PROGRAMS



*We tasted wine, went orienteering through the snow, and identified aromas. This was the most creative and innovative team building exercises I have experienced.*

**Rod Sheridan**

Director of Asset Management  
Bombardier Aerospace Inc



  
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